

Newsletter 5

13th October 2023



Dear Parents and Carers,

We have had another wonderful week at Springfield School!

There have been some amazing lessons taking place across school with some exciting Halloween sensory stories being delivered and more Halloween activities planned for next week.

Our builders, Manchester & Cheshire Construction have kindly donated a pumpkin for each class to carve so we are looking forward to seeing some wonderful and creative pumpkins!

Students from 3/4LS have been involved in the 'Crucial Crew' event at Crewe Alex today which focuses on student led safeguarding activities and internet safety. The pupils found this extremely useful and did us proud as always!

Our wonderful Springfield Choir also performed at the official opening of the Family Hub at the Monks Coppenhall Children's Centre this week and brought tears of joy to everyone who was there! A huge well done to all our choir members.

Another big well done to all our Pupils of the Week - please see below for this week's amazing achievements.

Wishing you all a wonderful weekend - hope it's not too wet!

Kind Regards,

Kim

Kim Cepeda-Wilson

Head of School, Crewe

After School Swimming Club - Reminder

Reminder.

After school swimming club is cancelled on Tuesday 17th October 2023, this is the group for secondary children.

We restart on Tuesday 31st October 2023.

Halloween Disco

There will be a Halloween themed disco on **Friday 20th October**.

Staff and students are invited to come in fancy dress on the day. There will be a disco during the afternoon.

New Lunch Menu

Please see attached the menu that will be in place from **MONDAY 6TH NOVEMBER**.

Thank you to the School Council for making the choices which have been applied to the new menu.

Autumn/ Winter Menu 2023-24

Week 1			Week 2		
MONDAY Ravioli with a Homemade Tomato Sauce (v) Butchers Sausage, Creamed Potatoes, Vegetables & Gravy Hot Roast Gammon Rip, Roast Potatoes & Vegetable Sticks Sticky Chicken Fillet with Savoury Rice Fish Fingers with Chips and Peas or Baked Beans	TUESDAY Vegetable Frittata with Salad Potatoes (v) Spanish Rice (v) Jacket Potato with a Choice of Filling/s (v) Homemade Vegetarian Cottage Pie (v)	WEDNESDAY Lemon Biblet, Yogurt or Fresh Fruit Platter Steamed Pear, Peach & Sultana Sponge with Custard or Fruit Chocolate Crunch Fingers with Fruit Chunk or Fresh Fruit Fruit Crumble & Custard or Fresh Fruit Platter Banana & Chocolate Muffin or Fresh Fruit Platter	MONDAY Homemade Cheese & Tomato Pizza with Rice & Pasta Salad (v) Minced Beef & Vegetable Pie with Saute Potatoes Roast Pork, Apple Sals, Potatoes, Vegetables & Gravy Chicken Tikka with Rice & Cous Cous	TUESDAY Five Bean Chilli with Rice (v) Homemade Italian Pasta Bake (v) Jacket Potato with a Choice of Filling/s (v) Cowboy Pie (v) Mexican Style Burrito with Chips & Baked Beans or Peas (v)	WEDNESDAY Shartbread Finger with Fruit Chunk, Yogurt or Fresh Fruit Berry Buns or Fresh Fruit Platter Oat & Sultana Cookie or Fresh Fruit Platter Apple & Banana Cake or Fresh Fruit Platter Chocolate Surprise Sponge & Chocolate Sauce or Fresh Fruit

Our commitment to you.....

- Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food.*
- Our food is free from *undesirable trans fats, sweeteners and additives*
- Our food is freshly prepared on site by professional staff who care about quality and ingredients
- We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Little's of Sandway and Barrows of Bollington*
- We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*
- We are taking steps to *reduce sugar in our recipes*
- We are taking steps to *reduce single use plastic*
- We can and will cater for all *special dietary requirements*

Fresh Catering
Autumn/ Winter 2023-24

At: **Springfield School**

Calendar showing months from November 2023 to April 2024.

Swimming

Please ensure your children have the correct swimming kit. This includes a swimming pad or incontinence swimwear if they are not toilet trained.

This is essential for the benefit of all swimmers.

Your cooperation is much appreciated.

Parent-Carer Involvement in a Research Study at Keele University

We have received the following information and poster from Keele University:

Sara Muller (PHD) is leading a new research project to look at the prescribing of common medicines for people with learning disability and or autism. They are still developing the project and will be submitting it to the National Institute for Health Research early next year for funding. They would like to invite parents / carers to a meeting to talk about exactly what we should be looking at and how we make sure we are including people with learning disability and or autism (or more likely their carers) throughout the study. They will be able to compensate people who take part for their time. Contact details on poster.



St Paul's Foodbank

On Friday 20th October we will be having our annual Harvest collection for St. Paul's foodbank. This is a cause we have passionately supported for the last few years and is greatly appreciated by St. Paul's and the local community.

It would be fantastic if every child could bring in an item/items to support this. Please see the attached infographic about items they will accept. We will be thankful for any eligible items that you can donate. Please place them in a bag and send in with your child on the 20th October.

St Paul's Food Bank
Confidence | Opportunity
Hope | Dignity

drop-off points

Donations also accepted at our back gate - St Paul's Street CW1 2QA (open 9.30am-4pm)

- Potatoes - tinned
- Pasta / Spaghetti
- Vegetables - tinned
- Instant pasta meals
- Instant flavoured noodles
- Soup - tinned and packets
- Jars of curry/pasta sauce
- Baked beans / tinned spaghetti
- Tinned meat meals (chilli, stew etc.)
- Rice / Microwave Rice
- Sponge pudding - tinned
- Rice pudding - tinned
- Tomatoes - tinned
- Instant gravy
- Fish - tinned
- Corned beef
- Tinned pork
- Fruit juice (long life)/ squash
- Biscuits / Crackers / crisps
- Custard - tinned, packet, carton
- Jam / marmalade
- Tea bags / coffee
- Fruit - tinned
- Milk - UHT
- Cereals
- Sugar

St. Paul's Centre • Hightown • Crewe • CW1 3BY

Our NHS Team

Nursing Team

Direct phone numbers to the nursing team are:

01270 826151 there is an answerphone on this.

01270 826150 there is no answerphone on this.

Physiotherapy and Occupational Therapy

Hayley Mitchell, Physiotherapist, is in school Monday to Friday

Caitlin Graham-Smith, Physiotherapist, working in school Thursdays and Fridays

Lucy Webb, Occupational Therapist works Monday, Wednesday, Thursday; and is part of the Therapy Outreach Programme.

Therapy Assistants: Liz Lehm, Jane Mather, Grace Bullen, and Megan Powell

Yvonne Williams, Occupational Therapist works on a Monday.

Physio/OT direct line: 01270 826153

Wheelchair assessment unit: 01270 826323

Wheelchair repairs: Rosscare 0151 6536000

Speech Therapy

Phone the school on 01270 691900 or on direct line 01270 826152.

Jo Currie is in school Monday, Tuesday, and Wednesday.

Alex Makin is in school Wednesday morning, Thursday, and Friday.

Cathy Webster and Rachel Turner are our Speech and Language Therapy Assistants

Email: joanne.currie2@mcht.nhs.uk

alex.makin@mcht.nhs.uk

Or contact via eSchools.

Contact Us

If you need to contact us:

Springfield School

Crewe Green Road

Crewe

CW1 5HS

Telephone: 01270 691900

Email: head@springfield.cheshire.sch.uk