



**Friends  
for Leisure**

[www.friendsforleisure.org.uk](http://www.friendsforleisure.org.uk)

Because everyone needs a friend



Flyer sponsored by  
the Georgia Leigh  
Ogden Foundation

## WHAT'S GOING ON AT FRIENDS FOR LEISURE?

**January – March 2022**

**Promoting everyday friendship and leisure opportunities  
for disabled children and young people.**

Are you aged between 5 – 21?

Do you live in Cheshire East?

Are you registered with Friends for Leisure?

If you'd like to come to any of our activities  
then please contact us to book your place.

**Please note: All our activities are for young people  
who are registered with FFL. If you are not already registered or know someone  
who would like to attend please visit our website.**

[www.friendsforleisure.org.uk](http://www.friendsforleisure.org.uk) | 01260 275333 | [info@friendsforleisure.org.uk](mailto:info@friendsforleisure.org.uk)



## Macclesfield bowling

Tenpin Bowling  At Its Best  
**SUPERBOWL UK**

Open to all registered young people  
aged 5 – 21. Join your friends for a  
game of bowling.



### Macclesfield Superbowl

Lyme Green,  
London Road,  
Macclesfield,  
SK11 0TB

Saturday 10:45am–12pm

29th January

12th February

19th March

## Friends of Falli Drama Group

In partnership with Jude Theatre Company and  
Fallibroome Academy.

Price: £5.00

Monday evenings during term time  
6:30pm–8pm  
(Suggested age: 10-21)

10am–11:15am

17th January

24th January

31st January

7th February

14th February

HALF TERM

28th February

7th March



14th March

21st March

28th March

Fallibroome  
Academy,  
Priory Lane,  
Macclesfield.  
SK10 4AF.

# February half term



## Ninja Warriors

Tuesday 22nd  
February  
11am-12:30pm

*Try out your Ninja  
Warrior skills.*

*£1 for refreshments*

*Machin Exercise  
Studios,  
Cooper Street,  
Congleton,  
CW12 1QU*

**MACHINES**

Machin Exercise Studios



## PALS Drama and games

Wednesday 23rd  
February  
4pm-6:30pm

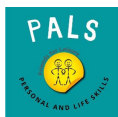


**judetheatrecompany.**  
bringing together performance & psychology

*Role play and  
discussion with Ian  
from Jude Theatre  
Company, focusing on  
social skills and self-  
confidence in specific  
situations.*

*£1 for refreshments*

*All Saints Church,  
Stewart Street,  
Crewe, CW2 8LX*



## Dance Fitness

Friday 25th  
February  
3:30pm-5:00pm



*Music and movement  
with Beckie Morley.*

*£1 for refreshments*

*Gawsworth Village  
Hall, Church  
Lane, Gawsworth,  
Macclesfield, SK11 9RJ*

*Siblings welcome at our holiday activities, but priority  
will be given to registered young people.*



**Every other Thursday evening during term time | 5pm-6.30pm**

Ages 10 - 14 | £1 for refreshments

Trinity Church Hall, Wagg Street, Congleton, CW12 4BA



## Mexican-themed session

20th January

*No time for siesta - it's time for fiesta!  
A Mexican quiz and a hamper to be won.*

*£5 a ticket.*



## Zoo 2 U

3rd February

Zoo2U®



*Meet a variety of animals, learn about them, and get a chance to hold them.  
Funded by the William Dean Countryside & Educational Trust.*



## Pound Fitness

17th February



*Enjoy a workout with Beckie Morley.  
Please wear appropriate clothing.*



## Meal out at Heath Farm

10th March

### Venue change:

*Heath farm,  
Padgbury Lane,  
Congleton.  
CW12 4LR.*



## Easter crafts

24th March

*Get creative and enjoy a range of Easter arts & crafts.*



# Congleton 15 Up

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**Every other Thursday evening during term time | 6:30pm-8pm**

Ages 15 - 21 | £1 for refreshments

New Life Church, West Rd, Congleton CW12 4EY



## **Chill & Chat**

27th January

*An opportunity to talk to the Local area Coordinator about planning for the future and getting yourself job ready.*



## **Meal out at Tiffin Indian Restaurant**

10th February

### **Venue change:**

*Tiffin, Huub Building, Manchester Rd, Congleton, CW12 1NP*



## **Wildlife explorers**

3rd March

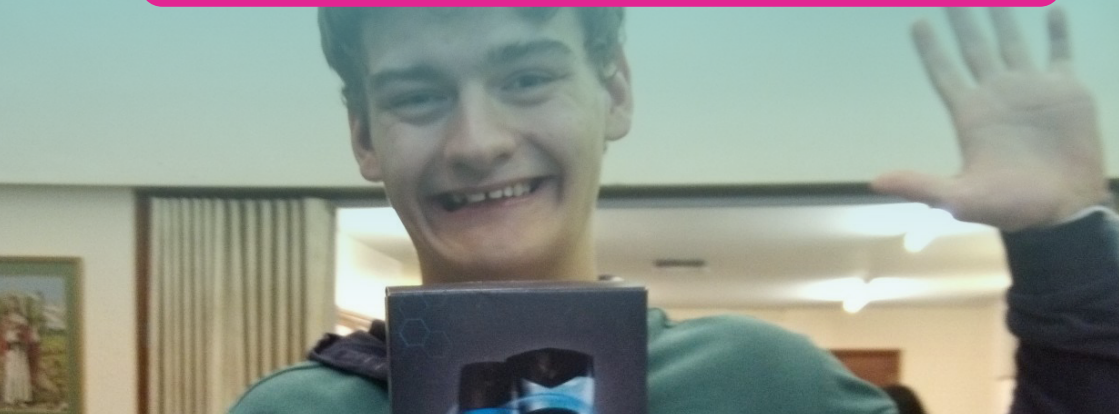
*Make bird boxes to encourage feathered friends into your garden. Funded by the William Dean Countryside and Educational Trust.*



## **Drama workshop**

17th March

*A drama session with Jude Theatre CIC. Role play and games to learn more about presenting yourself at a job interview.*



# Crewe Youth Group

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**Every other Tuesday evening during term time | 6:30pm-8pm**

Ages 10 – 21 | £1 for refreshments

All Saints Church, Stewart Street, Crewe, CW2 8LX



## Quiz

18th January

*Individual and team prizes to be won.*



## Photo fun

1st February

*Lots of props for you to try on and have your photo taken.*



## Film Night

15th February

*Bring a blanket and watch a film together.*



## Seeds 4 Bees

8th March

*Plant some bee-friendly seeds – perfect for attracting pollinators to your garden. Funded by the William Dean Countryside & Educational Trust.*



## Games/Drama

22nd March

*Lots of fun drama and games with Jude Theatre CIC.*



# Crewe Saturday Club

**Saturday | 10am-11:15am**

Open to all registered young people aged 5 – 21

£1 for refreshments | YMCA, 189 Gresty Road, Crewe, CW2 6EL



## **New Year, New You**

22nd January

*Tell your friends about your hopes for 2022.*



## **Play your cards right**

5th February

*Higher, higher! Lower, lower!*



## **Shaking it up!**

12th March

*Make your own milk shake.*

*Allergy information will be checked before this activity.*



## **Quiz**

26th March

*Put your knowledge to the test. Prizes to be won.*

**Kick  
the weekend  
off with your  
friends.**

Table games  
also available.





# PALS (Personal and Life Skills)

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## Healthy lifestyle

Saturday 15th January 1:15pm-4pm

*Games, advice and exercises to help us make healthier lifestyle choices. With Andy and Ellie from Everybody Sport & recreation.*

*Macclesfield Leisure Centre, Priory Lane, Macclesfield. SK10 4AF  
Please wear appropriate clothing*

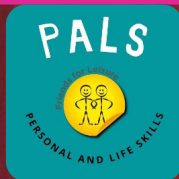


## Healthy lifestyle

Saturday 5th March 1:15pm-4pm

*Games, advice and exercises to help us make healthier lifestyle choices. With staff from Everybody Sport & Recreation.*

*Crewe Lifestyle Centre, Moss Square, Crewe. CW1 2BB  
Please wear appropriate clothing*







# Parent Carer events

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**A range of both in person and virtual events for parent carers.  
Young people can attend with parents.**

**Friday 28th January 5.30pm-7.30pm**

*A marketplace style event with opportunities to talk one-on-one with a range of services.*

*Visyon, Fellowship House, Park Rd, Congleton CW12 1DP*



**Tuesday 8th February 1.30pm-4.30pm**

*A marketplace style event with opportunities to talk one-on-one with a range of services.*

*Morton Hall Community Centre, Union Road, Macclesfield, SK11 7BN*



**Wednesday 12th January 6:30pm-8:00pm**

*A virtual event led by Rebecca Kinnear of Eden Therapy and Wellbeing. Full of relaxation, mindfulness, resilience strategies and positive things to think about!*

*Please book your place to receive the zoom details.*



# Macclesfield Youth Group

Every other Wednesday evening during term time | 5:30pm-7pm

Ages 10 - 14 | £1 for refreshments

St John's Church, Wilwick Lane, Macclesfield, SK11 8RS

NEW  
EARLIER  
TIME

15

## Bingo

26th January

*Eyes down, look in!  
Prizes to be won.*



## Cake & cookie decorating.

9th February

*Lots of cakes and cookies for you to decorate and take home.*



## Springtime Bonanza

2nd March

*Enjoy a range of springtime crafts.*



## Time for tea

16th March

*Enjoy tea with friends.*

**Venue change:**  
Wetherspoons, Park Green, Macclesfield.  
SK11 7NA



## Ten pin bowling

30th March

Tenpin Bowling At Its Best  
**SUPERBOWL UK**

**Venue change:** Macclesfield Superbowl,  
Lyme Green Retail Park, London Road,  
Macclesfield, SK11 0TB  
*Enjoy a game of bowling and then have a meal  
box in the diner.  
Funded by Tesco Community Grant.*



# Macclesfield 15 Up

Every other Wednesday evening during term time | 6:30pm–8pm

Ages 15 - 21 | £1 for refreshments

St John's Church, Wilwick Lane, Macclesfield, SK11 8RS



## Play your cards

19th January

*Lots of prizes to be won.*



## Chill & Chat

2nd February

*Chill out with friends and enjoy hot chocolate and toast.*



## Hobby share

16th February

*Bring along something to talk to your friends about.  
Tell them about your interest and hobbies.*



## Ten pin bowling

9th March

**Venue change:** Macclesfield Superbowl, Lyme Green Retail Park,  
London Road, Macclesfield, SK11 OTB

*Join your friends for a game of bowling and a basket meal in the diner.*

*Funded by Tesco Community Grant.*



## Wildlife Explorers

23rd March

*Make a bird box to provide a safe place for birds to build their nests  
and protect them from the elements and predators.*

*Funded by the William Dean Countryside & Educational Trust.*







**Friends  
for Leisure**

[www.friendsforleisure.org.uk](http://www.friendsforleisure.org.uk)

Because everyone needs a friend

**Cheshire  
East**



**thrive**

**Prism**

*Steve Morgan*  
FOUNDATION

Supported by



**Find out more:**

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**[www.friendsforleisure.org.uk](http://www.friendsforleisure.org.uk)**

**[info@friendsforleisure.org.uk](mailto:info@friendsforleisure.org.uk)**

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