

# Cheshire East

carers'  
**HUB**

Call us on:  
**0300 303 0208**

Do you have a  
family member,  
friend or  
neighbour who  
cannot manage  
without your  
support?

**Then we may be  
able to help you**

**NHS**

**Cheshire East**  
Council

# Cheshire East

carers'  
**HUB**

delivered by n-compass, Child Action  
North West and Alzheimer's Society



## What is the Cheshire East Carers' Hub?

The Cheshire East Carers' Hub provides a single point of access for all Carers including both young and adult Carers. The Hub exists to ensure that Carers of all ages have access to information, advice and a wide range of support services.

These support services are designed to help Carers continue in their caring role for as long as they choose and to reduce the impact the caring role can have on a Carers own health and wellbeing.

## How can we help?

Once you get in touch with us, we can arrange for you to meet with a dedicated Carers Support Worker who will get to know you and understand your needs as a Carer. Your dedicated Carers Support Worker can offer you a Carers assessment and will work with you to create a support plan to meet your individual needs.

This could include:

- 1-1 or group based support
- Peer support
- Support to take a break
- Information, advice and guidance
- Access to a 24 hour chatline manned by other Carers
- Support to access community, health and wellbeing services
- Access to activities, training, living well fund and much more
- Specialist support for Carers of people with dementia

## Get in touch

Address: **Freepost CHESHIRE EAST CARERS HUB**

General Email: [enquiries@cheshireeastcarershub.co.uk](mailto:enquiries@cheshireeastcarershub.co.uk)

Web: [www.cheshireeastcarershub.co.uk](http://www.cheshireeastcarershub.co.uk)

Telephone: **0300 303 0208**

## Opening Times

Monday - Friday:

**8.00am – 6.00pm**