

# Super Safeguarding Newsletter

September 2019

## Act Now Conference 2019

The 'Act Now' Safeguarding conference took place at Wychwood Park in Crewe on 9th July. This is a really good opportunity for young people to let professionals from Children's Social Care, Health Services and Education know about what life is like for children in Cheshire East. We had presentations from 6 schools on a range of topics for example knife crime, neglect, suicide prevention. These presentations were very informative and gave the adults in the room lots of things to think about.

Could you have a conversation in your safeguarding group to think about what you would want to tell adults about life as a child in Cheshire East,

Some of the comments and photos from the day are as follows:



Think about your actions,  
act with kindness.  
Always fill the mind  
with the feeling of being kind.



All input from the young people was amazing. Making them the centre of the day was 'bob on'.

We can learn so much from lived experiences ; more opportunities to hear them is needed,



Every young person is special and needs care. The mind is more like a plant than a jigsaw.

Schools have so much to do, PSHE can be pushed aside, but it's important and we need it! (Young Person)



We need to listen more. Young people are seeing what is going on in school and society.



## Anti-Bullying Week 2019: Change Starts With Us

Anti-Bullying Week happens in schools across England each November. This year's Anti-Bullying Week has the theme Change Starts With Us and is happening from Monday 11th November - Friday 15th November 2019.



The Anti-Bullying Alliance have worked with over 1,000 children and young people to decide the theme for this year. The theme's aims are as follows:

### Small change. Big difference.

Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well in to adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying. Change starts with a conversation. It starts with checking in. It starts with working together.

- Change starts here.
- Change starts now.
- Change starts with us.

It takes a collective responsibility to stop bullying.

**What can you do?** As a Safeguarding group you could visit the Anti-bullying Alliance website to give you ideas for what you could do this November. There is even the opportunity to nominate a member of staff for an award for their work in Anti-Bullying.!

### Acton CE Primary School

In order to mark Mental Health Awareness week in May, the full school of Acton Primary Academy walked into Nantwich town centre and handed out mental health posters to the general public that they had been making all week. They also wore handmade green ribbon badges to raise awareness.

This raised over £1000 for Mental Health Charities.



Send information about anything else you have been doing as part of your Safeguarding group to us at the SCiES team on: [Sciesteameast@cheshireeast.gov.uk](mailto:Sciesteameast@cheshireeast.gov.uk)