## Autism Inclusive Newsletter - NOV/DEC 2021

#### Latest News...

Thank you to all those that have visited us over the last few weeks. We continue to welcome familiar faces and new, and your support is very much appreciated. Please continue to let people know that we're open and available for children, adults and families to access much needed support and advice  $\bigcirc$ 

#### THANK YOU!

Lead by our Wednesday morning volunteer, Adella, the amazing ladies of CWONE Crossfit in Crewe completed the most unbelievable BURPEE challenge in September. Managing 1000 Crossfit burpees EACH (not an easy feat let me tell you) they managed to raise almost £1,000 to help fund activities at Autism Inclusive!



Generous acts such as these help us to provide activities for children as well as continuing to offer support to our adults and families.

Fancy taking on your own challenge to raise funds for Autism Inclusive? Get in touch and get involved ©



Remember you can find us on Facebook, just search **@Autisminclusivenews** and give us a follow

#### **JOIN OUR TEAM**

We're currently recruiting for more team members. If you think you could spare some time, even if just a couple of hours a month, please head to our website <a href="https://www.autisminclusive.org.uk">www.autisminclusive.org.uk</a> and check out our latest vacancies and enquire for a volunteer application form.

#### FLUTTERBYS IS A SUCCESS (\*\*)



Running the 2<sup>nd</sup> and 4<sup>th</sup> Thursday evening of each month, Flutterbys offers support for the families of children of all ages that are experiencing difficulties surrounding gender identity. Come along to chat with people in a safe and judgement free space. Fun activities, making new friends, refreshments.



To book onto the session, please contact Flutterbys directly; by email: <a href="mailto:info@flutterbys.org.uk">info@flutterbys.org.uk</a> or by phone/text: 07368 562290

#### Having a pre-Christmas tidy?

We're in desperate need of good quality, pre-loved toys to replenish our toy area. We've already a good amount of Lego and Mega Blocks, but if you've any dressing up, role-play, dolls, cars and trucks PLEASE send them our way. Toys are used by all ages from little tots through to young adults so please think of us when having a sort out.

#### **Autism Inclusive Out and About**

Our Trustee Debbie, along with her daughter Lissy and the very cute Milo had fun attending the Pride event at Crewe Market Hall in September. They spoke with local community members about the services Autism Inclusive offers, handed out sensory toys and helped to raise funds.



#### **SESSION CHANGES!**

Due to staffing and Christmas closure, please see the following changes to session dates (times will remain the same)

Month/Group	Moved to	
November/Adult Specific	Mon 22nd	
December/Adult Specific	Mon 13th	
December/Evening Group	Wed 15th	

#### Family Ties CIC

Come along to Autism Inclusive every Monday morning for the Family Ties CIC, Family First Drop-In. From 9.30am to 11.30am, bring your babies and toddlers and enjoy a variety of activities with your little ones.



Please contact Family Ties directly to book onto the session.

Text 07940 464170 or email admin@familyties.org.uk to book your place.



#### Ho, Ho, Ho!

To join in the festive celebrations this year, we're not going too overboard, but we do love a Christmas jumper! For the whole of December, if you come along to any of our groups or activities in your Christmas attire, we'll gift you a free drink of your choice.











#### **Smart Bright Young Things**

S.B.Y.T's youth club activities range from arts and crafts, drama and theatre skills to plenty of outdoor play. Promoting independence, communication and social skills, creativity and developing friendships, all in a safe and supportive environment. Running the 4<sup>th</sup> Saturday afternoon of every month, 1pm to 3pm, contact Smart Bright directly to book onto this FREE SESSION!

Web: Smart Bright Training & Consultancy

Email: smartbrighttraining@gmail.com





Gaming has proved to be so popular; we're ADDING ANOTHER EVENING! Tuesday sessions will start from 7<sup>th</sup> December, book online now! Aged 14 and over? Come along every Monday and Tuesday; 7.00pm and 9.00pm. £5.00 per gamer, book online and pay when you arrive at AI, the price also includes a free drink or snack from our café.

Don't forget to get your Reward Card stamped at each session.

1 full card = 1 free gaming session.



#### Ho, Ho, Ho!!! Family Fun Christmas

Join us Saturday 4<sup>th</sup>
December for a festive
themed session for all the
family to enjoy.

The same time as usual 10am to 12pm; book online now to enjoy some Christmas treats and activities ©







Family Fun Christmas sponsored by the lovely folk at The Crewe Dog. Thank you!!

## A Big Thank You to Ben and Emily!!

Santa's Little Helpers, Ben and Emily Leach, have been super busy making these gorgeous reindeer decorations. Available to buy now from Autism Inclusive for just £2.00 each, all the proceeds are being donated to Al. So, get shopping!



#### Reminder, how to book onto a group or activity

All Autism Inclusive sessions <u>must</u> be booked online through our website, or if run by other organisations, directly with them.

If you've not booked before, it couldn't be easier... head to the 'Events' section of our website and scroll until you see the session you'd like to book onto

Autism Inclusive (1162587)

Apollo Buckingham Health Science Campus

Crewe Green Road

Crewe

CW15DU

www.autisminclusive.org.uk



# Neuro Diversity and Intellectual Disability In The Outdoors

# 19th December 2021 10am-4.30pm

This workshop aims to give an introduction to Neuro Diversity, communication, sensory processing and behaviour for those workig or spending time in the outdoors with those who are nuero diverse or have intellectual disabilities.

Delivered by

Mick Rimmington of ProACT

and

Jenny Dart

Mountaineering Instructor and Speech & Language therapist.

The workshop is being held at Autism Inclusive in Crewe Tickets cost £40 per person

For more details contact: mick@orbisoutdooradventures.co.uk 07922 539515







#### **Christmas Closure 2021**

Our last session before Christmas will be Wednesday 15th December 2021

We will re-open Wednesday 5th January 2022

### November/December Opening

DAY	GROUP	RUN BY	TIME	WHEN	
MON	Family First Drop-In	Family Ties	9.30am-11.30am	Weekly	
	Adult-specific Support Group See date changes in newsletter	Mick Rimmington	12.30pm-2.30pm	3 <sup>rd</sup> Mon of month	
	Gaming 14+	Autism Inclusive	7pm-9pm	Weekly	
TUES	Gaming 14+ Starting 7 <sup>th</sup> December	Autism Inclusive	7pm-9pm	Weekly	
	Sensory Room bookings				
WED	Parent/Carer Morning Support	Autism Inclusive	9.30am-midday	Weekly	
	Evening Support (Appointments with Mick Rimmington & David Rieser) See date changes in newsletter	Autism Inclusive	6.30pm-9pm	4 <sup>th</sup> Wed of month	
THURS	Early Years SEND Parent/Carer Group	Ruby's Fund	12.30pm-2.30pm	2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month	
	LGBTQ+ Support	Flutterbys	6pm-9pm	2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month	
FRI	Sensory Room bookings				
SAT	Family Fun	Autism Inclusive	10am-midday	1 <sup>st</sup> & 3 <sup>rd</sup> Sat of month	
	Sensory Room bookings			2 <sup>nd</sup> Sat of month	
	SBYT's Youth Club  Contact Smart Bright for  December group info	Smart Bright	1pm-3pm	4 <sup>th</sup> Sat of month	
SUN	Private session	Ruby's Fund	9.30am-12.30pm	1 <sup>st</sup> Sun of month	

Please check our website and social media pages for seasonal events and activities not listed above.