

2022 Activities at Disability Stockport & The Space Key: **Krafty Needles** **Marriage Care** **Stoke Info** **Stuff** **Beacon Counselling** **Advocacy** **Peer Support** **Start of the Week** **Art Club** **Proud Youth** **Solidarity** **Epilepsy Carers** **Inspired (IT)** **S-REP** **EaICO** **Connect** **PLUS/Stockport** **Pride Stockport** **Family Church** **Autism Drop-in** **Dance Exercise**

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Solidarity Drop-in 10.00am-4.00pm Supporting people with PIP & ESA Solidaritystockport@gmail.com	Krafty Needle 11.00am – 1.00pm cindysmalley@hotmail.co.uk	Tropical Dance 11.00-1.00 Primus Contact: 07572 533 231 janthehulaman@gmail.com	Beacon Counselling 11.00am– 1.00pm Contact: 0161 285 1827 admin@beacon-counselling.org.uk	Omni Music The Space 9-4.30 info@omnimusic.org.uk
Stroke Information 10.00am–1.00pm Contact: 07950286417 nick@strokeinformation.co.uk	Epilepsy Group 11.00am – 1.00pm (2nd Tuesdays Monthly) Contact: 01614807248 Steve Moran	Jan's Dance Exercise 10.30-11.30pm Contact: 07572 533 231 janthehulaman@gmail.com	Autism Drop-in 1 st Thursday 11-1.00 Contact 01614807248 email@disbilitystockport.org.uk	EalCO Youth 5.00pm –8.00pm Contact: 0161 4771914 admin@eaicostockport.org
Start of the Week Social Activities & Lunch 1.00- 4. 00pm Kristan.wraxhall@Stockport.gov.uk	Marriage Care Counselling 7.00pm –9.00pm Stockport.admin@marriagecare.org	Inspired (IT) Contact: 07899 872 097 info@inspiredstockport.org.uk Wednesdays 10-12, 1-4p.m		
Beacon Counselling 1.00-2.00 pm Contact: 0161 285 1827 admin@beacon-counselling.org.uk	EaICO Sewing Club The Space 10.30-1.00pm admin@eaicostockport.org	Young People Group The Proud Trust Primus 6.00-8.30p.m mitchell.porter@theproudtrust.org		Sundays Stockport Family Church 10-1.00 p.m. welcome@stockportfamilychurch.org.uk
STUFF Mental Health Social Group 6-8p.m (2 nd Mondays Monthly) Stockport_uff@hotmail.com Contact: 07909 447845	S-REP The Space Cultural/Wellbeing Drop - In 1-3p.m email@srep.org.uk ,	People Like Us 7-9.30p.m. Monthly andrew.jones100@outlook.com	WEEKENDS	
		SPACE (ADHD Group) claire@spacestockport.org 6-8.00p.m.		
			Saturdays Primus Centre 9-3 p.m. The Space Saturdays Food bank 10-3 p.m. email@Srep.co.uk Connect Volunteers & Members social Activities Evenings Meets up to 3 X per week 01614807248	For Bookings any of the rooms The Space, Primus, Easy Room Conference/Training Room Interview Room Contact 0161 480 7248 or email@disabilitystockport.org.uk We also do Bespoke catering