

Bulletin

Cheshire East Council

November 2026

What's on... LOCAL AREA CO-ORDINATOR





Karaoke Social Night – this is a new weekly activity taking place which we hope you will enjoy.



Contents page

Page 1	**What's new –** Karaoke Social nights, Macclesfield
Pages 3-11	**Community Activities** for Macclesfield, Wilmslow, Bollington, Poynton, Disley, Alderley Edge, Knutsford, Chelford
Pages 12-18	**Community Activities** for Crewe, Nantwich and rural, Congleton, Holmes Chapel, Sandbach, Middlewich, Alsager, Shavington and Haslington.
Pages 19-22	**Regular groups and activities** Covering all areas of Cheshire East
Pages 23-30	**General updates**
Pages 30-33	**Carers Events**

Community Activities

This section covers the following areas;

Macclesfield, Wilmslow, Bollington, Poynton, Disley, Alderley Edge, Knutsford, Chelford



Volunteering Opportunity

Macclesfield Seals Swimming Club

Founded 1957 Registered Charity – No 515061
Patron – **Dame Sarah Storey OBE**
Chairman – **Ms Wendy Moss**

"Disability, not inability"

Macclesfield Seals, a swimming club for people with disabilities; children and adults, are looking for volunteers (aged 14+)

Just one hour a week at Macclesfield Leisure Centre (SK10 4AF)
Every Friday 7:30pm – 8:30pm

Please contact us for more information:

Volunteer Coordinator email: macc.seals.volunteer@gmail.com
Club email: macc.seals@ntlworld.com
Website: www.macclesfieldseals.org
Facebook: Macclesfield Seals Swimming Club

Macclesfield Seals – are looking for volunteers can you help they would love to hear from you.



For more information, please contact East Cheshire Hospice Our Shops - East Cheshire Hospice





Just Drop In – would love you to join them in some of the events they have coming up.



Lower Moss Wood link for volunteering [Volunteer – Lower Moss Wood]



Knutsford Library – are hosting a Knitter Natter Group open to everyone.



Wilmslow - Weekly drop in for Tea and Biscuits



Line Dance Class, Bollington – new class starting.



David Lewis Centre – are hosting a family friendly event open to everyone.



0-19 With you all the way | NHS Wirral Community Health and Care NHS Foundation Trust | Cheshire East Council

SEND Drop In

Disley Library and Community Centre –

Friday 27th November 9.30am-11.00am

Who will be here?

SEND 0-19+ health practitioners (On behalf of health visitor/school nursing services Cheshire East) for parents of children & Young people for support, signposting and guidance with all SEND related issues and helping to understand why your child may be struggling and ideas that may help. Think your child may have SEND and not sure where to go or what to do?

CHESHIRE EAST PORTAGE TEAM – Representatives from Cheshire East's Start for Life Portage team will be here explaining their offer and to offer support particularly for our youngest residents ☺ They will be offering a Stay and play for our youngest residents

CHESHIRE EAST INCLUSION AND TRANSITION TEAM – A representative from Cheshire East's support team will be here to discuss your concerns around transition to school and how your child can be supported in education

Disley SEND Drop In – please see the above information.

November 2026

Please contact us before attending a meeting to check current details

Phone: 01625 422602 **info@eastcheshireeyesociety.org.uk**

Day	Time	Group	Location
Mon 2nd	1pm – 3pm	**Poynton VIP Indoor Bowling Group** Contact Vic Taylor 01625 521511	**Poynton Sports Club** This group is not organised by ECES
Wed 4th	10am - 12 noon	**Sorry, no Indoor bowls today**	**Cancelled**
Fri 6th	1pm – 3pm	**Macclesfield Support Group:** Meet Lex Stockton of Healthwatch Cheshire	**Townley Hall SK11 6HZ**
Mon 9th	1pm – 3pm	**Poynton VIP Indoor Bowling Group** Contact Vic Taylor 01625 521511	**Poynton Sports Club** This group is not organised by ECES
Tues 10th	Meet 11am at Manchester Piccadilly train station	**Visit the Christmas Markets at Manchester.** Get in touch for more information and if you need help when using the train	**Booking is essential**
Wed 11th	10am - 12 noon	**Indoor Bowling for people with Visual Impairments** No experience needed	**Packhorse Bowling Club, Macclesfield**
Wed 11th	2pm - 4pm	**Congleton Support Group:** Peer support and news	**New Life Church, CW12 4EY**
Sat 14th	9.30am – 1pm	**Meet us at the Charities Bazaar for calendars, cards, gifts, jewellery and crafts**	**St Michaels Church, Macclesfield**
Mon 16th	10am – 12 noon	**Tea and Tech Peer Support group:** Make the most of your smartphone or tablet	**ECES Office, Macclesfield SK10 1EB**
Mon 16th	1pm – 3pm	**Poynton VIP Indoor Bowling Group** Contact Vic Taylor 01625 521511	**Poynton Sports Club** This group is not organised by ECES
Tues 17th	1pm -3pm	**Handforth:** Live well for Longer event	St Marys Methodist Church, Wilmslow Rd, Handforth
Wed 18th	10am - 12 noon	**Indoor Bowling for people with Visual Impairments** No experience needed	**Packhorse Bowling Club, Macclesfield**
Wed 18th	2.30pm – 4pm	**Knutsford Café Coffee Club:** Drop in and meet others living with VI for information and support	**The Lost and Found, Knutsford WA16 6BY**
Thurs 19th	10am - 12 noon	**Men in Sight: "**Breaking the silence", encouraging men affected by or with sight loss to talk	**Townley Hall, Townley St, SK11 6HZ**
Fri 20th	11am – 12 noon	**Gentle stroll in West Park, Macclesfield**	**Booking essential**
Mon 23rd	1pm – 3pm	**Poynton VIP Indoor Bowling Group** Contact Vic Taylor 01625 521511	**Poynton Sports Club** This group is not organised by ECES
Mon 23rd	**1pm**	**Poynton group Christmas lunch: Booking essential**	**Turkish Cafe**
Tues 24th	1pm -3pm	**Wilmslow Support group:** Claire Carter and the work of Wilmslow Youth	**Wilmslow Library SK9 1NW**
Wed 25th	10am - 12 noon	**Indoor Bowling for people with Visual Impairments** No experience needed	**Packhorse Bowling Club, Macclesfield**
Wed 25th	2pm - 4pm	**Congleton Support Group:** Peer support and news	**New Life Church, CW12 4EY**
Mon 30th	1pm – 3pm	**Poynton VIP Indoor Bowling Group** Contact Vic Taylor 01625 521511	**Poynton Sports Club** This group is not organised by ECES

Coming soon!

- **Tuesday 1st December: 12 noon to 2pm, Drop in to the office for our Christmas Celebration**
- **Sunday 6th December: Meet us at Prestbury Fair for cards, calendars, games, gifts and craft**
- **Friday 11th December: Snow Dog Sculpture walk, Macclesfield**
- **The office will close at noon on Thursday 24th December**
- **The office will re-open on Monday 4th January**

A big THANK YOU to all our sponsors:

- **Nisa Local Tytherington for sponsoring our Macclesfield group**
- **Congleton Lions for sponsoring our Congleton Support Group**
- **Mr Brook for sponsoring our Wilmslow Support Group**
- **Rotary Club of Macclesfield Castle for sponsoring Men in Sight**

East Cheshire Eye Society – have shared their activities and events for November they wish to share with you.



Art Opportunities, Bollington – please see the poster for further details.



Just Drop In, Youth Mental Health Aware – for parents of young people aged 8-18 years



St Pauls, Macclesfield – is a warm space open every Saturday



The Gilchrist Community Hub, Macclesfield – have shared their weekly groups open to all.

Community Activities

This section covers the following areas;

Crewe, Nantwich and rural areas, Congleton, Holmes Chapel, Sandbach, Middlewich, Alsager, Shavington and Haslington.





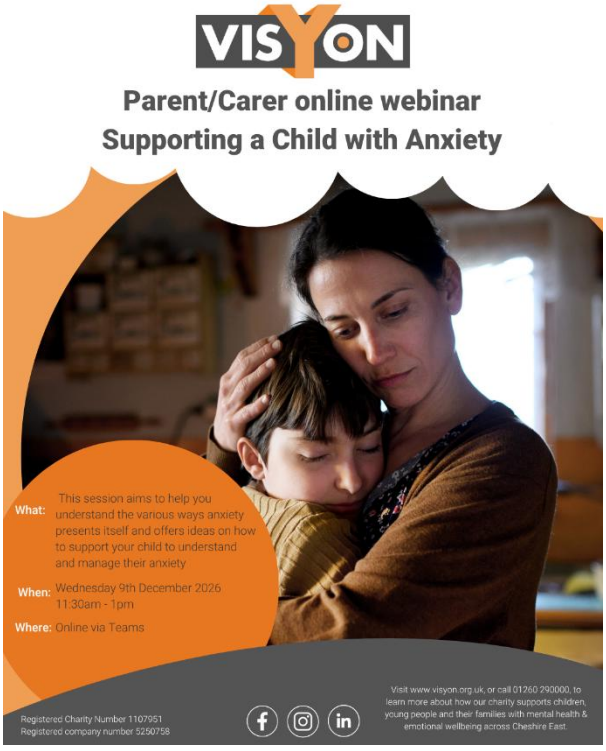
Time out Group have got a great new event coming up in Sandbach.



Hopes and Beams have shared with us their weekly choir open to all.



Congleton – Community Bingo taking place at the Rams Head open to all.



Visyon, Congleton – please see the information about the anxiety workshop support for parent of young people.



Congleton Library – have shared some event coming up in November open to everyone.



Youth Theatre, Drama Open Evenings – for young people ages 11-18.



Wishing Well – are hosting a new group being hosted at Wishing Well's Bistro at Mill House but is open to residents and none residents.



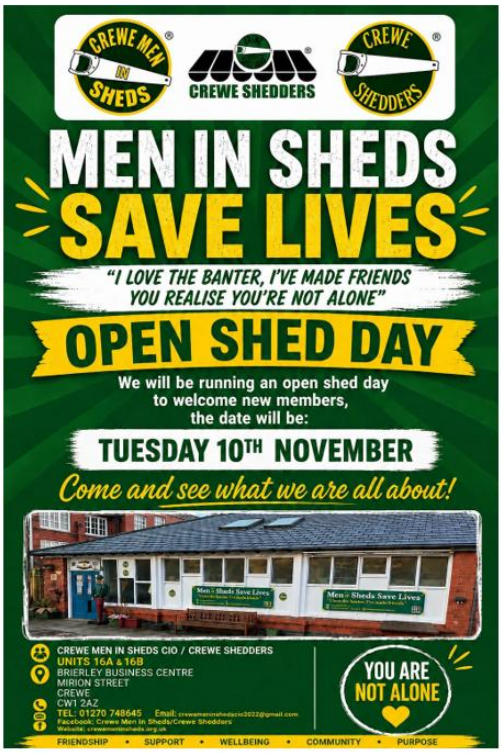
Booking is essential, so get in touch now to get your tickets:

Call: 01270 780456

Email: office@thewingatecentre.co.uk



Citizens Advice, Sandbach – are hosting some drop-in sessions to offer advice on energy costs.



Crewe Shedders – open day why don't you pop along and see what they offer.



Tea & Biscuits Drop-in Session, Nantwich – open to everyone.



Regular groups and activities

Covering all areas of Cheshire East



Time out Group –[Home - Time Out Group](). I have also shared next week's activities for you to see.



Time Out Group - supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 2nd November – 7th November

Monday 2nd November 10am – 12.30pm	Monday Makers Christmas Decorations TOG Shop 11am-12md	
Monday 2nd November Tog Trip 1pm – 3.30pm Meet at the hub / pick up the hub	Railway pub Handforth Karaoke	
Tuesday 3rd November 10:30am-3:30pm, TOG Hub	Together Time Wellbeing activities and gardening Bonfire Night Activities	
Tuesday 3rd November SANDBACH SOCIAL 4.30pm – 6.30pm	The Ballroom Sandbach Town Hall General Knowledge Quiz	
Wednesday 4th November 6pm – 8.30pm Tog Hub	Active Wednesday Tai Chi	
Thursday 5th November 6pm-8:30pm, Tog hub	Social Thursday Creative Writing	
Friday 6th November 10.30am-3.30pm TOG Hub	Foodie Friday Budget & Planning (Pasta Dish)	
Saturday 7th November 11am-2.30pm TOG Hub	Creative Saturday Bonfire Night Crafts	
Contact numbers: Office- 016250520652 Yvonne 07517274386 Monday-Friday 9am-5pm Sarah – 07517274623 Communications Emma – 07507728624 Emergency contact	Senior Activity Co-ordinators Kirsten- 07517274351 Mon, Tue, Wed, Fri Hallie – 07517274320 Saturdays Yvonne 07517274386 Thurs Stephen - 07517274565 Outreach	

Working together for greater independence

T: 01625 520652 W: www.timeoutgroup.org.uk

Time Out Group, 25 The Paddock, Handforth, SK9 3HQ | Charity number: 1161863

Supported as Charity of the Year 2023 by Luxome

Wishing Well, Let's Get Social – Please see the schedule for November lots of great evening activities coming up and don't forget their Wellbeing Wednesday offer for individuals and their carers to go along and join in with.





Space4autism – What's on Guides, please see their new details shared as to what is coming up for November, lots of support help and activities for everyone to get involved [What's on Guide | Autism Awareness Charity | Space 4 Autism]

Friends For Leisure – have shared with us what is going on in your area with them from September to December please follow the link for all the details [What's going on in your area] but remember your young person needs to be registered with Friends for Leisure before attending activities if you need further details please email Hannah [hannah@friendsforleisure.org.uk]

Wingate Centre, SPARKS – please follow the link for the regular activities and what is going on for adults and young people to get involved with at the centre and at Crewe Lyceum with Lyceum Lites [SPARKS | The Wingate Cente]

Looking Forward Activities – please follow the link [Looking Forward Activities | For people with learning disabilities and autism in Cheshire] and see below some of their weekly activities that take place both at the centre but also out and about at other places lots of choices available.



Community Activities

General information



SENDing You the News



Earlier this month, we were proud to host our third annual SEND Conference, which once again proved to be a highly successful and inspiring event.

Organised by the Participation Team in partnership with Jigsaw, our SEND youth group, the conference brought together young people from special schools, including those supporting pupils with social, emotional and mental health needs, members of the home education community, and professionals from across the SEND and Alternative Provision Partnership Board.

The conference provided a valuable opportunity for young people and professionals to come together, exchange ideas, and work collaboratively to influence and improve services and support for children and young people with SEND across Cheshire East.
Young people were at the heart of the event, co-facilitating a range of workshops on key themes including communication, *Your Dream School*, and the SEND Local Offer. These sessions enabled participants to share their experiences, perspectives, and recommendations directly with decisionmakers, ensuring that the voices of children and young people remain central to shaping future services.

Alongside the workshops, attendees enjoyed a variety of interactive activities, including team-building challenges and arts and crafts sessions. These activities encouraged creativity, promoted confidence, and helped strengthen relationships between young people and professionals in a relaxed and inclusive environment.
The feedback, ideas, and recommendations gathered throughout the day will now be presented to the SEND and Alternative Provision Partnership Board, helping to inform future developments and service improvements across Cheshire East.

If you know a young person with, SEND who would like the opportunity to have their voice heard, influence positive change, and develop new skills, we would be delighted to hear from you. For further information, please contact **participation@cheshireeast.gov.uk**.

Could you recognise when someone is at heightened risk from fire?



Dear colleagues,
Fire safety is particularly important when supporting individuals or families whose circumstances may place them at greater risk.

Join our **Fire Safety Awareness** course to learn more about **Cheshire Fire & Rescue Service** and the support available through its **Persons at Heightened Risk service**.
The session will provide:

- An overview of Cheshire Fire & Rescue Service
- Information about the Persons at Heightened Risk service
- Greater awareness of the support available for people who may be more vulnerable to fire
- Practical knowledge to support effective referrals and partnership working

This course will be particularly valuable for anyone working with individuals or families who may be at increased risk because of their health, living circumstances or support needs.

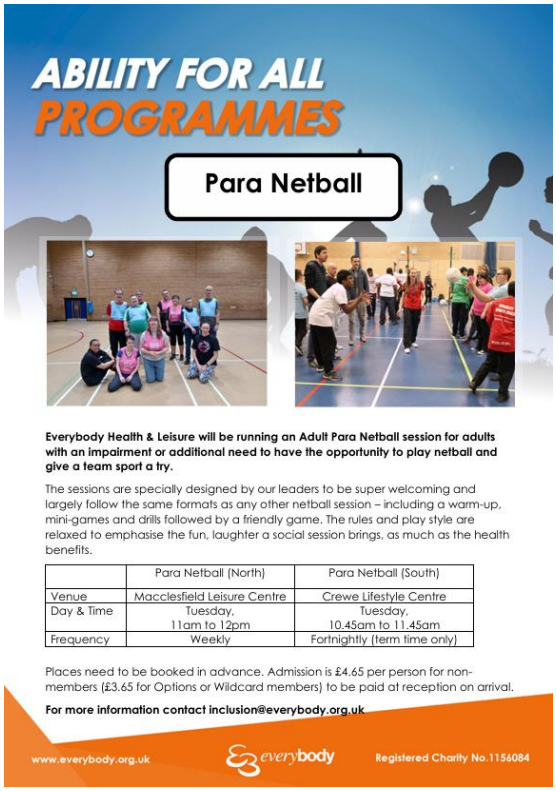
Book your place today:
Cheshire East staff:
https://cheshireeast.learningpool.com/course/view.php?id=1338
External Partners: Adult Safeguarding Week 2026 Booking Form

Date: Tuesday 17 November

Time: 10.30am – 12 midday **OR** 1pm – 2:30pm

Venue: Council Chamber, Crewe Municipal Buildings, Earle Street, Crewe, CW1 2BJ









Everybody Health and Leisure - Inclusive Activities posters to have a look at them please just zoom in to make the writing bigger



Manchester Airport Jobs Fair– coming up

NHS
Cheshire and Wirral
Partnership
NHS Foundation Trust



IRWC
INVOLVEMENT RECOVERY
& WELLNESS CENTRE

Involvement Recovery and Wellness Centre – has lots of workshops, self help and support arounf mental health and wellbeing please follow the link and take a look [Involvement, Recovery and Wellness Centre :: Cheshire and Wirral Partnership NHS Foundation Trust]

Winter Wellbeing - as we are moving into winter we will be sharing more and more useful guidance on how to keep safe and warm and what support is available out there.



ENERGY PROJECTS PLUS
towards a sustainable future

Is the cold in your home putting your health at risk?



HEALTH INNOVATION North West Coast

NHS Cheshire and Merseyside

HEALTH INNOVATION North West Coast

ENERGY PROJECTS PLUS towards a sustainable future

NHS Cheshire and Merseyside

Our **free Save Energy Advice Line** offers impartial, expert advice to help you stay healthy and warm in your home.



Heating repairs or upgrades



Help with heating controls

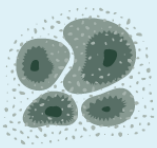


Tips to stay warm at home and reduce energy bills



Energy and water bill advice





Tackling damp and mould

GET IN TOUCH:

Call FREE on:
0800 043 0151

Ready to Get Support?

Scan the QR code to refer yourself!

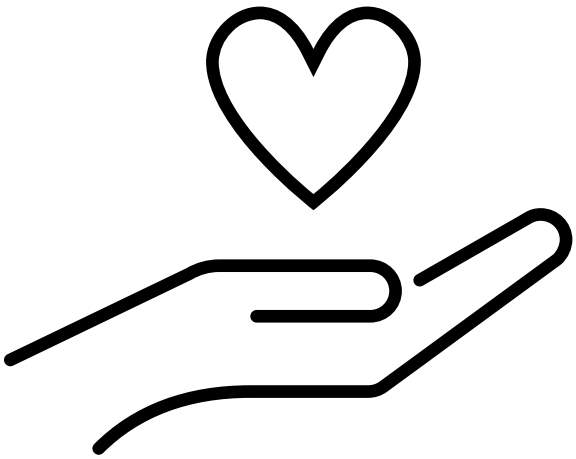
Website: epplus.org.uk
Email: advice@epplus.org

@EP_Plus
@Energy.Projects.Plus
@energyprojectsplus

Energy Projects Plus is a registered charity (No. 1080137)

Community Activities

Carers Events



Cheshire East Carers' HUB

making space
Kind hearted care and support

carers RIGHTS DAY

19 November 2026

1pm - 4:30pm

Yoxall Village Hall, Crewe Road, Haslington, CW1 5QZ

FREE drop-in event for unpaid carers

No booking required

Carers Rights quiz & lucky dip

Crafting with Sue, The Witch Crafter

- Chat to Cheshire East Carers Hub
- Health and Wellbeing checks with Sure Care Central
- Community information services
- Financial guidance and support
- Light refreshments will be available

If you would like more information please contact

0300 303 0208


CONNECTING CARERS CHESHIRE
CARERS TRUST
Cheshire and Warrington
Carers Digital Day
Tuesday 24th November 10:30am - 2.30pm
Sandbach Town Hall
Please join us for an interesting and informative day to help carers to feel more confident about accessing digital and online services.
All carers welcome to attend.
AbilityNet
NHS App
Online Banking
Scam Awareness
Introduction to AI
FREE to Attend
Lunch and refreshments included
For more information about this event, or to let us know you would like to come, please call 0300 102 0008
Cheshire & Warrington Carers Trust is a trading name of Cheshire and Warrington Carers Centre Registered Charity Number 1092606 and a Company Limited by Guarantee No 04172914 Registered office: 146 London Road, Northwich CW9 5HH





Cost of living help and support

IMPORTANT LINK [Cost of living (cheshireeast.gov.uk)]

Thank you for reading.

Sarah

Local Area Coordinator for the

Adult Social Care Learning Disability and Preparing for Adulthood Team