



ConNEXTions

Addiction Recovery Support Hub & Drop In

Monday 12noon—3pm
Motivational Monday

Wednesday 10am —5pm
Gardening Club All Day
Recovery In Cheshire East (RICE) 12noon — 1:30pm
2pm—3:30pm Arts & Crafts

Friday 10am—5pm
10:30am—11:30am Mindfulness & Meditation
Recovery In Cheshire East (RICE) 12noon —1:30pm
2pm—3:30pm Music Club

Saturday 10am—12noon
Mutual Aid Breakfast Club

St Andrews Church Hall,
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CREWE
TOWN COUNCIL