

THE MIDDLEWOOD
PARTNERSHIP
INVITE YOU TO A



Menopause Awareness Evening

Your opportunity to learn and talk about all things
menopause!

MENOPAUSE
CHAMPION

TALK FROM A
MIDDLEWOOD GP

COUNSELLING &
EMPLOYMENT SUPPORT
FROM TALKING THERAPIES?

Dr. Fiona Ellison-Smith from the Middlewood Partnership will be delivering a talk specifically for patients who are not yet on HRT and would like to find out more.

Menopause Champion, Lisa Moss, will be there to talk about Menopause Cafes, early onset menopause & other related topics, as well as employment support from Talking Therapies.

Please email to book your place and find out more:

cmicb-cheshire.middlewood.events@nhs.net

You will receive a confirmation email to confirm your booking.

Alternatively, you can call the surgery on **01625 462593** and ask to speak with a member of our team to register your interest. A member of our Social Prescribing team will contact you to confirm your place.

We look forward to seeing you there!

THURSDAY 7TH MAY 2026

6:00PM TO 8:00PM

POYNTON CIVIC HALL