

Believe & Achieve

Drop in sessions

Morning Session 09:30 - 12:00
 Afternoon Session 13:00 - 15:30

£8 a session
 £15 for the day

 First type text	 9:00	 9:30	 11:00	 12:00	 1:00	 2:00	 3:00
 Thursday 26th Feb	 Brew and catch up	 Hygiene	 Hygiene	 Lunch	 Quiz at the day centre	 Quiz at the day centre	 Quiz at the day centre
 Tuesday 3rd March	 Brew and Catch up	 Crafts	 Crafts	 Lunch	 Karaoke	 Karaoke	 Karaoke
 Thursday 5th March	 Brew and catch up	 Cooking	 Cooking	 Lunch	 Dance and meditation	 Dance and meditation	 Dance and meditation
 Tuesday 10th March	 Brew and catch up	 Mothers day Crafts	 Mothers day Crafts	 Lunch	 Quiz at the pub	 Quiz at the pub	 Quiz at the pub
 Thursday 12th March	 Brew and catch up	 Mothers day gifts	 Mothers Day gifts	 Lunch	 Karaoke	 Karaoke	 Karaoke

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