

THE HOPE CENTRE

WHAT'S ON:

TUES

Dementia Music Café
14:00 PM - 15:30 PM

WEDS

Adult Colouring & Craft
10:30 AM - 12:00 PM

THURS

Knitting 4 Charity
10:30 AM - 12:00 PM

FRI

Chatty Café
14:00 PM - 15:30 PM

Coming soon... Digital Life Skills

For more details and updates, please visit our website or
follow us on social media

The Hope Centre, 16-18 Park Green, SK11 7NA



www.hopecentremacclesfield.co.uk



The Hope Centre



thehopecentre_macclesfield





Join us for...

Knitting 4 Charity!

...all abilities welcome!

WEEKLY, THURSDAYS 10:30AM - 12PM

**DIFFERENT PROJECTS EACH WEEK - ASK FOR DETAILS
SOME SUPPLIES PROVIDED, BUT PLEASE BRING YOUR OWN!
£3 PER SESSION, INCLUDES A MUG OF TEA/COFFEE!**



THE HOPE CENTRE, 16-18 PARK GREEN, SK11 7NA

01625 404384



Recommended by
CLASSIC *f*M



Free Music Café for people living with dementia

Come and join the fun!

Every **Tuesday**
2pm – 3.30pm
During term times

Full schedule on
Musicinmind.org

📍 The Hope Centre,
Macclesfield, SK11 7NA



"A little piece of heaven in our week"

"We enjoy seeing mum enjoying herself... we never stop smiling"

"The sessions are full of playfulness, laughter, tears.. they are so inclusive and so much fun!"

- Free to attend
- Make new **friends**
- Improve **wellbeing** and mood
- Help **people with dementia** to communicate and express themselves

To attend and for more information on parking and accessibility, contact:
managerhopecentremacclesfield@gmail.com or 07553566070

