

# THE HOPE CENTRE

## WHAT'S ON:

**TUES**

**Dementia Music Café**

14:00 PM - 15:30 PM

**WEDS**

**Adult Colouring & Craft**

10:30 AM - 12:00 PM

**THURS**

**Knitting 4 Charity**

10:30 AM - 12:00 PM

**FRI**

**Chatty Café**

14:00 PM - 15:30 PM

### **Coming soon... Digital Life Skills**

For more details and updates, please visit our website or  
follow us on social media

The Hope Centre, 16-18 Park Green, SK11 7NA

 [www.hopecentremacclesfield.co.uk](http://www.hopecentremacclesfield.co.uk)

 The Hope Centre

 thehopecentre\_macclesfield





Join us for...

# Knitting 4 Charity!

...all abilities welcome!

**WEEKLY, THURSDAYS 10:30AM - 12PM**

**DIFFERENT PROJECTS EACH WEEK - ASK FOR DETAILS  
SOME SUPPLIES PROVIDED, BUT PLEASE BRING YOUR OWN!  
£3 PER SESSION, INCLUDES A MUG OF TEA/COFFEE!**



**THE HOPE CENTRE, 16-18 PARK GREEN, SK11 7NA**

**01625 404384**



Recommended by  
CLASSIC FM



# Free Music Café for people living with dementia

**Come and join the fun!**

**Every Tuesday**  
**2pm - 3.30pm**  
During term times

Full schedule on  
**Musicinmind.org**

📍 The Hope Centre,  
Macclesfield, SK11 7NA

**"A little piece of heaven in our week"**

**"We enjoy seeing mum enjoying herself... we never stop smiling"**

**"The sessions are full of playfulness, laughter, tears.. they are so inclusive and so much fun!"**



- Free to attend
- Make new **friends**
- Improve **wellbeing** and mood
- Help **people with dementia** to communicate and express themselves

To attend and for more information on parking and accessibility, contact:  
[managerhopecentremacclesfield@gmail.com](mailto:managerhopecentremacclesfield@gmail.com) or 07553566070

