

# Join Us For An Open Minds Tea and Talk

Open minds is for people who have lived experiences of Mental Health Services in Cheshire East, either directly yourself or as a carer for someone else

If you want to shape how services are run then this is an invite for you

The group will have a close connection to mental health services in Cheshire East, giving you the chance to share your experiences of services and influence how you would like to see them run. You will have the opportunity to input into service improvement, feedback into consultations and find out more about mental health services across Cheshire East



**12<sup>th</sup> February**  
**13:00 - 14:30**  
or  
**18:30 - 20:00**

We believe that everyone deserves good mental health, if you do too, then please join us

**JUBILEE HOUSE,**  
**ST PAUL'S ST, CREWE**  
**CW1 2QA**



For more information: [communities@cheshireeast.gov.uk](mailto:communities@cheshireeast.gov.uk)

# Join Us For An Open Minds Chat

Open minds is for people who have lived experiences of Mental Health Services in Cheshire East, either directly yourself or as a carer for someone else

If you want to shape how services are run then this is an invite for you

The group will have a close connection to mental health services in Cheshire East, giving you the chance to share your experiences of services and influence how you would like to see them run. You will have the opportunity to input into service improvement, feedback into consultations and find out more about mental health services across Cheshire East



**11<sup>th</sup> February**

**13:00 - 14:30**

or

**18:30 - 20:00**

We believe that everyone deserves good mental health, if you do too, then please join us

**Online**



To sign up, email:  
[communities@cheshireeast.gov.uk](mailto:communities@cheshireeast.gov.uk)

For more information: [communities@cheshireeast.gov.uk](mailto:communities@cheshireeast.gov.uk)