

# Join Us For An Open Minds Tea and Talk

**Open minds is for people who have lived experiences of Mental Health Services in Cheshire East, either directly yourself or as a carer for someone else**

**If you want to shape how services are run then this is an invite for you**

The group will have a close connection to mental health services in Cheshire East, giving you the chance to share your experiences of services and influence how you would like to see them run. You will have the opportunity to input into service improvement, feedback into consultations and find out more about mental health services across Cheshire East



**12<sup>th</sup> Feburary**  
**13:00 - 14:30**  
**or**  
**18:30 - 20:00**

We believe that everyone deserves good mental health, if you do too, then please join us

**JUBILEE HOUSE,  
ST PAUL'S ST, CREWE  
CW1 2QA**



For more information: [communities@cheshireeast.gov.uk](mailto:communities@cheshireeast.gov.uk)

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To sign up, email:  
[communities@cheshireeast.gov.uk](mailto:communities@cheshireeast.gov.uk)

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