

**PLEASE REMEMBER TO BOOK ONTO EACH SESSION THIS IS FOR STAFF TO PLAN SESSIONS EFFICIENTLY AND IS ALSO REQUIRED AS PART OF OUR FIRE REGULATIONS**

HOPE YOU HAVE ALL HAD A GOOD CHRISTMAS AND LOOKING FORWARD TO THE NEW YEAR

<b>Monday 5th</b> 10:30-12:30pm, TOG Hub	<b>Monday Makers Stock check, photo frame</b> TOG Shop 11am-12pm	
<b>Tuesday 6th</b> 10:30am-3:30pm, TOG Hub	<b>Together Time</b> Wellbeing activities and gardening AM Julia Keep Fit / Pm Resolutions	
<b>Wednesday 7th</b> 6pm-8:30pm, TOG Hub	<b>Active Wednesday</b> <b>**NEW SESSION TAI CHI **</b>	
<b>Thursday 8th</b> 6pm-8:30pm, TOG Hub	<b>Social Thursday</b> <b>**CREATIVE WRITING ** IS BACK</b>	
<b>Friday 9th</b> 10:30-3:30, TOG Hub	<b>Foodie Friday</b> THEME ITALIAN FOOD	
<b>Saturday 10th</b> 11am-2:30pm, TOG Hub	<b>Creative Saturday</b> CERAMIC TEALIGHTS	
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