

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 24th November – 29th November

Monday 24th 10:30-12:30pm, TOG Hub	Monday Makers Xmas Projects TOG Shop 11am – 12md	
Tuesday 25th 10:30am-3:30pm, TOG Hub Tuesday 25th 4.30-6.30pm Sandbach	Together Time Wellbeing activities and gardening Drama Sandbach Town Hall (Ballroom)	
Wednesday 26th 6pm-8:30pm, United reform church Wilmslow	Active Wednesday Indoor Games	
Thursday 27th 6pm-8:30pm, TOG Hub	Social Thursday Singing for fun (Practice for Gala Ball)	
Friday 28th 10:30-3:30, TOG Hub	Foodie Friday Theme American food	
Saturday 29th 11am-2:30pm, TOG Hub	Creative Saturday Christmas Crafts	
Contact numbers:	Office – 01625 520652 Yvonne – 07735869719 Libby-07885812463	