



25TH ANNIVERSARY SILVER BALL

Join us for an amazing night of celebrating 25 years of helping young people find their feet!

Friday 5th December
At The Tytherington Club, Macclesfield
6.30pm - midnight.

Dress Code: formal, party - silver and sparkly!

Tickets £50PP (includes a welcome drink, two-course meal, music, and auction at the end of the night.)

Reserve your place [here](#) or via the QR code:



Know Your Worth

8 week course (starting January 2026)
For girls in Year 7
At Just Drop-In, Macclesfield



This group will be led by Jen and will be supported by a volunteer, and will consist of 8 sessions starting in January 2026.



This course is designed to create a safe and nurturing environment where teen girls can grow their self-esteem, recognise their strengths, build resilience, and develop a healthy self-image empowering them to make good decisions.

This group is for girls in Year 7 who would like to meet up with other girls who would like to build their self-esteem and confidence in a safe and nurturing space.

Drinks and snacks will be provided at each session and you will also receive a goody bag.

To find out more, scan the QR code.



There are only 8 places available for this course and will be allocated on a first come, first served basis.

Please check the website for availability to join this group before making contact with Jen: jenni.chadwick@justdropin.co.uk

CIRCLES COUNSELLING GROUP

THURSDAYS, 6PM-7:30PM
AT KNUTSFORD OFFICE (44-46 KING ST, WA16 6DT)



I finally have a group I can speak to

Circles is a friendly, relaxed group where young women can meet each week to be together and talk about what feels important to them.

The group is small, to help members to speak freely, without feeling judged. Knutsford Group is led by JDI Counsellor Catherine and supported by our volunteer Mary.

You aren't judged

Circles is a really supportive place, if you're feeling lonely and feel unsure of how to meet other young women, please contact JDI to find out more, we'd love to hear from you!

You're not alone



FOR MORE INFO OR TO BOOK ON, VISIT OUR WEBSITE JUSTDROPIN.CO.UK OR CALL US ON 01625 665 079

Sleep Workshop for Parents

We aim to support you in understanding why your child may be struggling to sleep, possible causes of sleeping issues and importantly, what you can do to help your child and family to get better sleep.

Available to parents of children aged 8-16 who live within the old Borough of Macclesfield (including Wilmslow, Poynton and Knutsford)

Friday 14th November, 2025

10am - 12pm

at Oakenclough Family Hub, Wilmslow

For all enquiries or to book a place, email: parenting@justdropin.co.uk





Parent/Carer Peer Support Forum

For parents and carers of young people aged 8-18 living in Macclesfield who want support.

**Wednesday 19th November
6:30pm-7:45pm at Just Drop-In.**

For all enquiries or to book a place, email:
parenting@justdropin.co.uk

