

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Monday 20th 10:30-12:30pm, TOG Hub	Monday Makers Xmas projects TOG Shop 11am – 12md	
Tuesday 21st 10:30am-3:30pm, TOG Hub	Together Time Wellbeing activities and gardening	
Tuesday 21st Sandbach 4.30pm-6.30pm	Drama Sandbach Town Hall (Ballroom)	
Wednesday 22ND 6pm-8:30pm, UNITED REFORM CHURCH WILMSLOW	Active Wednesday Indoor games	
Thursday 23rd 6pm-8:30pm, TOG Hub	Social Thursday !!! INSPIRING ANIMALS!!!	
Thursday 23rd Stay up late	Chinese Poynton	
Friday 24th 10:30-3:30, TOG Hub	Foodie Friday Mediterranean Theme	
Saturday 25th 11am-2:30pm, TOG Hub	Creative Saturday Halloween Theme	
Contact numbers:	Office – 01625 520652 Debbie – 07429119004 Yvonne – 07735869719 Libby-07885812463	