

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 15th September –20th September

Monday 15th 10:30-12:30pm, TOG Hub	Monday Makers:-Finishing previous projects TOG Shop 11am-12md	
Tuesday 16th 10:30am-3:30pm, TOG Hub Tuesday 16th Sandbach 4.30-6.30pm	Together Time Wellbeing activities and gardening Drama Sandbach Sandbach Town Hall (Ballroom)	 
Wednesday 17th Macclesfield 1pm-3pm Wednesday 17th 6pm-8:30pm, Tog Hub	Drama Scout Hut HQ – 32, West Bond Street SK11 8EQ Active Wednesday Indoor Games	 
Thursday 18th 6pm-8:30pm, TOG Hub Thursday 18th Stay up late Macclesfield	Social Thursday Singing for fun Pizza Express in Macclesfield meet at the restaurant for 7.00pm	 
Friday 19th 10:30-3:30, TOG Hub	Foodie Friday Bread making	
Saturday 20th 11am-2:30pm, TOG Hub	Creative Saturday Theme Birds	
Contact numbers:	Office – 01625 520652 Debbie – 07429119004 Yvonne – 07735869719 Libby-07885812463	