Mentell Matters



Looking for a safe space to talk?

We've got talking groups happening across the UK, no pressure, no judgment, just a room where men can show up and be heard.

Take a look at our current locations and see if there's a circle near you.

Find your local circle



Stockport

Edgeley Park - SK3 9DD



Wilmslow

Guild for Lifelong Learning - SK9 5HD



Chester

Hoole Community Centre - CH2 3AP



Hyde

The Grafton Centre - SK14 2AX



Online

Online Zoom Meeting



Gorton

The Monastery - M12 5WF



Glossop

Bradbury Community House - SK13 8AR



Macclesfield

45 Pickford St - SK11 6HB



Congleton

Town Hall - CW12 1BN



Crewe

YMCA - CW2 6EL



Buxton

Grapevine Wellbeing Centre - SK17 6EQ

All groups run 7 pm - 9 pm (excluding bank holidays)