



TEAM

Prince's Trust Team Programme

Delivered by Cheshire Fire and Rescue Service

Macclesfield Fire Station - Chester Road - SK11 8PT

FREE COURSE

A **FREE** twelve-week programme for 16-25 years olds that gives you practical skills self belief plus help to find a job and kickstart your career.

What's in it for me?

Team building which includes a residential trip.

Community Project - making positive impacts.

Employability Skills - to help you find a job you love.

Work experience opportunities.

Final team challenge helping others.

Interactive sessions and games to test your skills in a safe and fun environment.

Qualifications

- Prince's Trust Certificate in Employment Teamwork and Community Skills
- Level 1 First Aid / Risk Assessment Awareness Sessions
- Level 1 in Money Management
- Level 1 in Food Hygiene

Interested?

NEXT TEAM START DATE: / / - / /

Eligibility: 16-25 not in Employment, Education or Training.

Contact:

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CheshireFire.gov.uk

Please take individual advice from your Team Leader, Job Centre Advisor or Prince's Trust member of staff about your benefit claims and participation on the team programme.

THE 12 WEEK PROGRAMME



LEARN. GROW. SUCCEED.

DAY 1: MEET NEW PEOPLE



Don't worry about turning up on your own - everyone will be in the same situation. It'll be informal and there'll be plenty of activities, so you'll feel part of things.

WEEK 1: SET CLEAR AND SPECIFIC GOALS



You'll start planning for the weeks ahead over this week - setting out what you want to achieve and finding out how to get your qualifications. You'll also likely be planning for a week away.

WEEKS 3-6 SOMETHING TO TALK ABOUT



You'll decide on a project to benefit your local community as a team and will carry it out. You might be surprised at what you can achieve together. This gives you great experience to talk about at interviews.

WEEK 2: A NEW ADVENTURE



You're likely to spend this week away - trying new things and learning how to work with others. This gives you a chance to break away from your current situation. The sort of things you could do include canoeing, climbing, raft-building and much more!

WEEK 7: FUTURE STEPS



It's time to plan your next steps after the programme. You'll get help to write a fantastic CV, practise your interview skills and make applications.



WEEKS 8-9 WORK PLACEMENTS

This is time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company, to see whether you like it.

WEEK 12: GRADUATION



This is where you will celebrate your achievements and reflect on your experience over the past 12 weeks.

WEEKS 10-11: MEET THE CHALLENGE



You and your team will take on a challenge to help others in the community. This is when you get to test out all the skills you have worked on so far.