

## Wellbeing Wednesdays

**Join us every Wednesday**  
**10.30am - 1.30pm**  
£5 entry (Carers Free)

It's a fun, friendly and interactive drop in session designed for neurodiverse adults (18+) accompanied by their carer.

It's all about choice - lots of activities, lots of fun with friends in a safe and welcoming space. **Bring a packed lunch.**



**Find us @ The George's Community Hub**  
**(next to Simply Gym) West Street , Crewe, CW2 8SL**

**Email [deb.lockett@wishingwellproject.net](mailto:deb.lockett@wishingwellproject.net) or 01270 256919**  
**and leave a message.**



**Registered Charity Number 1180756**

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