





Maths:

Colours:

Do you have a favourite colour? Can you show us some things that are that colour?

Can you group objects based on what colour they are?

Independence:

Can you get yourself dressed for school in the morning?

Can you brush your teeth independently?

What are you having for breakfast?

Physical Activity:

Have a move time-

- Practice balancing on something.
- Dance along to your favourite songs.
- Help around the house by tidying some of your things away.

English:

Reading:

Do you have a favourite story at home? You might have a favourite character and there might be part of the story that is really exciting or funny.

Share this with us.

Free Choice

Show us something musical.

Show us a song you love to dance or sing along to.

Do you have any instruments in the house that you could try?

Foundation Subjects:

My Local Area:

Can you show us somewhere that you really enjoy going in your local area?

it could be a park, shops or a restaurant. You could draw us a picture of it or get a photo of video of you there.

Plants:

Find a plant or some flowers that you really like. You could pick some flowers while you are out.

If you have any plants at home you could help to water and look after them.

PSHE:

Do your best to say please and thank you when asking for something that you want.





Sensory Regulation:

Have a calming time-

After doing something exciting calm down by watching or listening to something calming. Play with a fidget toy or get comfortable and relaxed.

Please upload evidence to EfL.

If you are unable to then either:

- ✓ email your class teacher.
- ✓ send an eSchools message to your class teacher.
- or you can bring it in the old-fashioned way.

Thanks for your support in continued learning.

