

## Hassall Green Nature Reserve – Programme of Activities – May 2025

Date		AM	PM
Thursday	1	Green Angels – 4-week Introduction to Herbal Medicine Course – 10 – 3pm Green Angels – Wild Yoga – 2-4pm	
Friday	2		
Saturday	3		
Sunday	4		
Monday	5		
Tuesday	6	PRIVATE – JUNIOR HERBALIST CLUB Green Angels – Tai Chi 2-3pm	
Wednesday	7	Green Angels – 4-week Introduction to Herbal Medicine Course – 10 – 3pm Green Angels - Drumming Circle 2 – 4pm	
Thursday	8		
Friday	9		
Saturday	10		
Sunday	11		
Monday	12	PRIVATE – JUNIOR HERBALIST CLUB	
Tuesday	13	Green Angels – Scything Refresher Course 10 – 4pm	
Wednesday	14	Green Angels – Spring Photography Course 10 – 4pm	
Thursday	15	Green Angels - Working with Cobb and Cord Wood Workshop – 10 – 4pm Green Angels - Mindfully Wild: Calming Mindfulness Practices 11 – 1pm Green Angels – Wild Yoga – 2-4pm	
Friday	16		
Saturday	17		
Sunday	18		
Monday	19	PRIVATE – JUNIOR HERBALIST CLUB	
Tuesday	20	Green Angels and Groundwork Volunteering Morning – 10 – 13:00pm Green Angels – Tai Chi 2-3pm	
Wednesday	21	Green Angels – Spring Photography Course 10 – 4pm	
Thursday	22	Green Angels – PRIVATE SCHOOL SESSION	
Friday	23		
Saturday	24		
Sunday	25		
Monday	26		
Tuesday	27		
Wednesday	28	Green Angels – Spring Photography Course 10 – 4pm	
Thursday	29	Green Angels – Drumming Circle 11 – 1pm Green Angels – Wild Yoga – 2-4pm	
Friday	30		
Saturday	31		

- Site Management Conservation Volunteering: Contact Melissa Underwood  
[Melissa.Underwood@groundwork.org.uk](mailto:Melissa.Underwood@groundwork.org.uk), 07500778826
- Green Angels Courses and Volunteering: Contact [greenangels@thelandtrust.org.uk](mailto:greenangels@thelandtrust.org.uk), 07920 139209

UNLESS SPECIFIED, ALL ACTIVITIES ARE FREE

**BOOKING IS ESSENTIAL**