



WELLBEING WEDNESDAYS

Supported Adults and Carer drop in sessions @ The George's Community Hub, West Street, Crewe, CW2 8SL (next to Simply Gym)

Wednesdays 10:30am - 1.30pm

Join our fun and friendly activity sessions including arts & crafts, bingo with prizes, table tennis, archery, boccia and lots more...the choice is yours!

£5 entry (Carers Free) tea & toast provided

Feel free to bring a packed lunch!

For more info ring Deb Lockett on 01270 256919 and leave a message, or email: Deb.lockett@wishingwellproject.net

No need to book, just turn up 😊

Registered Charity Number 1180756



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