



# Time Out Group Staying Up Late

Join us – supported activities for adults with a learning disability and people with autism.  
For adults aged 18+

**Meet New People – Make Friends – Learn New Skills**

**We are proud to be supporting the  
'Stay Up Late Campaign'.**

Thanks to Community Lottery funding we will be bowling, pottery painting, going to shows, and much more past bedtime!

**Days/Times:** Mainly Thursday evenings between 6 and 10pm or later!

**Where:** Around Handforth, Sandbach and Macclesfield

**Do I need to be a Time Out Group member to be involved?** Yes, to find out more about membership and to book, please email [admin@timeoutgroup.org.uk](mailto:admin@timeoutgroup.org.uk) or visit our website.



**Time Out Group**  
25 The Paddock,  
Handforth, SK9 3HQ

**W:** [timeoutgroup.org.uk](http://timeoutgroup.org.uk)

**T:** 01625 520652

Charity number 1161863

**"Stay Up Late** campaigns for equality. We want to make sure people with learning disabilities are able to have active social lives, full of the things that matter."

For more info about **Stay Up Late**, please visit [www.stayuplate.org](http://www.stayuplate.org)

**PLEASE NOTE:** We currently don't offer personal care or mobility support. You will need to provide any additional support for all sessions.

