



An Introduction to supporting loss, grief and bereavement - FREE TRAINING

Hello,

The End of Life Partnership are currently running FREE sessions for anyone wanting to know more about how to support others through loss, grief and bereavement.

We still have places left on our session before the summer break.

Course Overview

This one-hour course is aimed at people who have recognised that someone they are supporting is affected by a bereavement. The aim of the session is to give participants the confidence to support someone, whilst looking after themselves.

This session will give participants:

- An understanding of loss, bereavement, grief and mourning
- Tips on how to help, even if contact is indirect e.g. telephone support
- Contact details of organisations that can offer more in-depth support

Dates

- Tuesday 27 July 2021: 14.00 – 15.00
- Wednesday 11 August 2021: 10.00 – 11.00

To attend Online Training you will need:

Access to either a computer, laptop or ipad. You will need a microphone webcam for vision and compatible browser, you do not need a Microsoft subscription to participate in the meeting.

Link for further information and booking [An Introduction to Supporting Loss, Grief and Bereavement - The End of Life Partnership \(eolp.co.uk\)](https://eolp.co.uk)

Please share this email with colleagues and partners including volunteers.

Warm Regards



Frances Underhill | Public Health &
Wellbeing Officer

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