

ABILITY FOR ALL PROGRAMMES

2021 Summer Holiday Programme

We have some exciting days of activity planned across Cheshire East for children and families with disabilities during the summer holidays.

Below are the dates of the Ability for All holiday activities we have running this summer. Siblings are also welcome to these activities.

Places will be limited and need to be booked in advance.

If you wish to book a place on one of the Ability for All holiday activities please go to our website at <https://everybody.org.uk/what-we-offer/disability-activities/holidayactivities/>

Week One: 2nd to 6th August

Tuesday 03/8/2021 1pm-3pm	ACTIVITY: Outdoor Multi-sports at Nantwich LOCATION: Barony Sports Complex, Nantwich, (CW5 5QY) Come along and join us on the 3G pitch for an afternoon of fun multi-sport activities including football, tennis, soft archery plus much more.
Wednesday 04/8/2021 1.30pm-3.30pm	ACTIVITY: Wheelchair Sports & Games session LOCATION: Macclesfield Leisure Centre (SK10 4AF) Join us for an afternoon of fun activities using our sports wheelchairs. There will be lots of different games to try with everyone in a chair so take part together regardless of ability or impairment.
Friday 06/8/2021 10.30am-12pm or 1pm-2.30pm	ACTIVITY: Water Activities with Oakhanger Project LOCATION: Brereton Heath Nature Reserve (CW12 4SU) Come join us at Brereton Heath with the Oakhanger Project who will be leading the canoeing/kayaking activities and games on the water.



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Week Two: 9th to 16th August

Tuesday 10/8/2021 3pm-4pm	ACTIVITY: Family Dance and Groove in the dark LOCATION: Crewe Lifestyle Centre (CW1 2BB) A fun orientated dance and movement activity session for the family to enjoy together. Come along and move to the music, throw some shapes and burn off some energy or just sit, chill and sing along to the music.
Wednesday 11/8/2021 11am-2pm	ACTIVITY: Cycling & Multi-sports LOCATION: Macclesfield Leisure Centre (SK10 4AF) Come join us at the athletics track for a few hours of cycling and multi-sports. Have a go on our adapted bikes around the athletics track. We'll also have a range of fun multi-sports for people to try including football, tennis, soft archery plus much more
Thursday 12/8/2021 11am-1pm	ACTIVITY: Sports, Picnic & Climbing Wall LOCATION: Holmes Chapel Community Centre (CW4 8AA) Join us as a family for a relaxing few hours at the Community Centre. Bring a picnic and sit & relax while the kids have a go on the climbing wall or take part in the different games and sports activities.

Week Three: 16th to 23rd August

Tuesday 17/8/2021 11am-2pm	ACTIVITY: Cycling & Outdoor Sports LOCATION: Alsager Sports Hub (ST7 2TL) We have a range of different sports and activities for you to try on the 3G pitch. We'll also have our inclusive bikes for people to have a go on and enjoy a led ride around the facility. If the weather is nice bring a picnic and relax while the kids take part in the activities
Wednesday 18/8/2021 1.30pm-3.30pm	ACTIVITY: Multi-sports activity session LOCATION: Macclesfield Leisure Centre (SK10 4AF) Come along and join us for an afternoon of fun activities including multi-sports, arts and crafts plus much more.

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Week Four: 23rd to 27th August

Tuesday
24/8/2021
11am-12.30pm
and
1pm-2.30pm

ACTIVITY: Cycling, Multi-sports & Climbing Wall

LOCATION: Cumberland Arena, Crewe (CW1 2BD)

Come and try out our range of adapted bikes such as trikes and tandems, suitable for all ages and abilities. If you want a time out from the bikes why not have a go on the climbing wall or try out a range of different sporting activities on the 3G pitch.

Wednesday
25/8/2021
12.30pm-2.30pm

ACTIVITY: Multi-sports activity session

LOCATION: Wilmslow Leisure Centre (SK9 1BU)

Come along and join us for an afternoon of fun activities including multi-sports, arts and crafts plus much more.



For further information about any of our Ability for All 2021 Summer programme,
please contact 07506 317055 or email inclusion@everybody.org.uk